

Registration

YES! I WOULD LIKE TO REGISTER FOR:
(PLEASE TICK AS APPROPRIATE)

*Fees inclusive of GST

- Bobath Normal Movement 2 day Workshop (26th & 27th November 2010)**
S\$580* per participant (Early Bird, SPA & SAOT members)
S\$650 per participant (Normal)
- Bobath Certification Course** (29th November – 17th December 2010)**
S\$3960* per participant (Early Bird, SPA & SAOT members)
S\$4400 per participant (Normal)

***Sign up by 30th July 2010 to enjoy the early bird promotion.**

**** Limited to 16 places only. Places provided on a first come first serve basis.**

NAME IN FULL: _____

CONTACT NUMBERS: _____ (O)
_____ (HP)

EMAIL ADDRESS: _____

MAILING ADDRESS: _____

OCCUPATION: _____

ORGANIZATION: _____

SPA/SAOT Member No. _____

Please send in your registration form together with certificates and cheque made payable to the "Singapore General Hospital Pte Ltd" to the following address:

Goh Zewei
SGH-Postgraduate Allied Health Institute
226 Outram Road
#02-02 Block B
Singapore 169039

Programme Details

GETTING THERE



Venue

LIFE Centre Room 8
Bowyer Blk A Level 1
Singapore General Hospital

Closing date

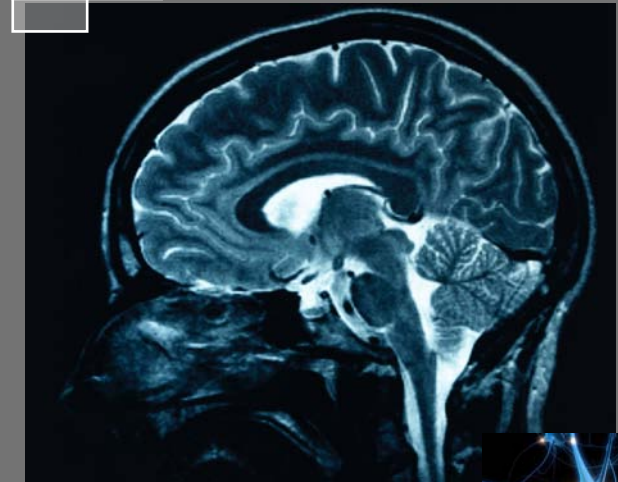
21st November 2010
Sign up by 30th July to enjoy early bird discount

For Enquiries

Mr Goh Zewei
Contact no | **6323 7155**
Fax | **6222 7002**
Email | goh.zewei@sgh.com.sg

Cancellation Policy

Any Cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of registration fee will be charged if the cancellation is received before **29th October 2010**. There will be no refund of registration fee for cancellation on or after **29th October 2010**. PGAHI reserves the right to cancel the workshop and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.



Bobath Courses in SGH 2010

26th November – 17th December 2010

VCF pending approval!



SGH
PGAHI

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Introduction

The Bobath concept is a rehabilitation approach used to restore functional movement in patients that have developed movement/postural dysfunctions due to brain injuries, such as stroke and cerebral palsy. Developed by Dr Kartel and Mrs Berta Bobath in the 1940s, the Bobath concept remains one of the leading approaches in neurological rehabilitation worldwide, as it continues to evolve and develop by Bobath Therapists in line with current scientific findings.

With the Bobath approach, treatment is based on an analysis of the patient's movement and abilities through the use of specialised handling techniques to inhibit abnormal tone and facilitate more normal movement. This enables the patient to move more efficiently and effectively and to incorporate these movement strategies into their daily activities to maximise recovery from neurological insults.

Bobath Certification Course for Adult Hemiplegia

The Bobath course provides an introduction to the Bobath Concept in the assessment and treatment of adult neurological conditions. This is a three week full time course, accredited by IBITA, the International Bobath Instructors Training Association. The course includes lectures on neurosciences and the Bobath Concept, practical sessions on normal movement, patient demonstrations and workshops and patient treatment sessions. It is highly desirable to have completed a 'What is Normal Movement' course before undertaking the Basic Bobath course.

Learning Outcomes

At the end of this course, participants are expected to:

- Understand the principles of the Bobath Concept
- Understand current neurophysiology relevant to the application of the Bobath concept
- Understand the range of normal movement and appreciate major causes of deviations of normal movement and posture
- Analyse movement in terms of efficiency and recognise potential causes for lack of efficiency
- Use enhanced observation, analytical and facilitation skills, acquired through the study of normal movement, to develop individual treatment strategies for patients with movement disorders

Target Participants

Physiotherapists and Occupational Therapists with adult neurology experience.

Medical doctors, speech therapists and registered nurses are welcome to apply too.

Registrations for the Certification Course are subject to approval by our instructor.

Our Instructor

Kim Jennings

Ms Kim Jennings is one of four qualified Bobath Tutors from the Australian Bobath Tutors Association (ABTA). The ABTA is a part of the International Bobath Instructors Training Association (IBITA) and it has been providing Bobath courses in Australia and South East Asia since 2000.

Kim is a physiotherapist by training and has recently completed her masters in research with the Monash University. Kim has had many years of experience in conducting Bobath courses. She is currently researching on the efficacy of Bobath training in developing countries.

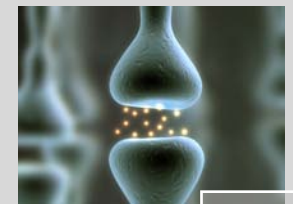
Bobath Normal Movement Workshop on Core Stability

This 2-day course is designed to introduce participants to the concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments. The course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration.

Learning Outcomes

At the end of this course, participants are expected to:

- Describe the concepts and basic components of normal movement
- Understand the wide postural and tonal variation in the normal population
- Draw on improved analysis and assessment skills to more effectively treat neuromuscular disorders



Bobath